

# This is a user manual for \_\_\_\_\_

I am a morning / afternoon / evening person \_\_\_\_\_

During the week, my non-negotiable is \_\_\_\_\_

My greatest strengths are \_\_\_\_\_

These things drive me bananas \_\_\_\_\_  
\_\_\_\_\_

The way I like to get feedback is \_\_\_\_\_  
\_\_\_\_\_

When things go wrong I tend to \_\_\_\_\_  
\_\_\_\_\_

I am at my best when \_\_\_\_\_  
\_\_\_\_\_

I want to develop in \_\_\_\_\_  
\_\_\_\_\_

You can support my development by \_\_\_\_\_  
\_\_\_\_\_

The thing people misunderstand about me is \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Add anything else useful about working with you \_\_\_\_\_  
\_\_\_\_\_